



Education

Department of **Education** (<https://det.qld.gov.au>)

Volleyball

Guideline review date: December 2016

The CARA planner (DOC, 423KB) (<http://ppr.det.qld.gov.au/education/management/Procedure%20Attachments/Managing%20Risks%20in%20School%20Curriculum%20Activities/Curriculum%20Activity%20Risk%20Planner.DOC>) must be used in conjunction with this guideline to determine additional risk hazards and controls within school-specific circumstances.

Activity scope

This guideline relates to student participation in volleyball or beach volleyball as a curriculum activity, including skills development, training and competitions.

For activities beyond the scope of this activity a separate risk assessment must be undertaken using the CARA generic template (DOCX, 401KB) (<http://ppr.det.qld.gov.au/education/management/Procedure%20Attachments/Managing%20Risks%20in%20School%20Curriculum%20Activities/CARA-generic-template.docx>).

Medium risk: Teaching of volleyball or beach volleyball skills, training and competitions.

All requirements are necessary for the activity to be conducted.

Mandatory requirements

- Modified versions of volleyball (e.g. Spikezone) may include additional and/or alternate risks and equipment that should be considered in

planning this activity.

Supervision requirements

- Supervise net play closely at all times.

Qualifications for supervisors

- A registered teacher with competence (knowledge and skills) in the teaching of volleyball or beach volleyball
or
- a registered teacher or other activity leader with Level 1 coaching accreditation (<http://www.volleyballaustralia.org.au/page/coach-education-development-program>) from Volleyball Australia. This course may be undertaken through the Get Active Queensland Accreditation Program (<https://www.qld.gov.au/recreation/sports/volunteers-coaches>).

Requirements for facilities and equipment

- A clearly defined playing area (including boundary clearances).
- Padding on posts and referee stands.
- Facilities and equipment that adhere, as close as practicable, to Volleyball Queensland (<http://www.qva.org.au/index.php?id=home>) regulations.
- For indoor facilities, adequate lighting (with lights protected) and ventilation.
- Footwear appropriate to the playing surface, type of activity (i.e. training or match) and age of participants.

Hazards and controls

If any listed control measure below cannot be met:

- modify the activity (or elements of it)

and/or
- identify and implement alternative control measures to meet or exceed the level of safety.

Alternative or additional considerations, hazards and control measures must be included in the planning process.

Before the activity

Hazards	Control measures
Accessing facilities and using equipment	<p>Clearly define the playing and clearance areas prior to play commencing (recommended clearance of 3m surrounding the playing area)</p> <p>If the recommended boundary clearance is not met, provide instructions to the officials/supervisors and players about the limited clearance zone and the steps they could take to ensure safety, including the following:</p> <ul style="list-style-type: none">• reduce the size of the playing field to achieve an adequate clearance zone• remove spectators/dangerous obstacles within the clearance zone• station supervisors near any obstacles within the clearance zone• pad any obstacles located within the clearance zone <p>Ensure indoor court surfaces are non-slip</p> <p>For beach volleyball:</p> <ul style="list-style-type: none">• cover the base of portable posts with sand and rake sand before use

	<ul style="list-style-type: none"> • ensure lines are of flexible, non-injurious material (i.e. cords or webbing). Wood, metal or other solid material should not be used • ensure sand depth is at least 30cm and extends beyond the court by at least 2m <p>Avoid the use of guy wires to support posts wherever possible. If used, they should be visible to players and covered with protective pads</p> <p>If using a ratchet winch net system, ensure care is taken when adjusting/releasing the high tension system. Refer to Creating Healthier Workplaces Hazard Alerts (PDF, 132KB) (<i>/initiativesstrategies/Documents/winch-alert.pdf</i>) for further information</p> <p>Position referee stands and chairs for lines people with regard to player safety</p>
Managing student considerations	<p>For modified games (ages 8–11) use:</p> <ul style="list-style-type: none"> • a smaller sized court (13m x 6.5m) • a lower net height • a softer and lighter ball • less players on the court • modified rules

During the activity

Hazards	Control measures
Accessing facilities and using equipment	<p>Check equipment (including net posts) for any damage before play commences, and remove from use if necessary</p> <p>Ensure winch handles on posts are removed or padded if non-removable</p>
Managing student considerations	<p>Adopt procedures to minimise loose balls entering playing and warm-up areas, and establish safe procedures for their removal</p>

Additional links

Beach Volleyball (<https://www.beachvolleyball.com.au/>)

Queensland School Sport Unit (<https://queenslandschoolsport.eq.edu.au/Pages/default.aspx>)

Sports Medicine Australia Injury Fact Sheets (<http://sma.org.au/resources-advice/injury-fact-sheets/>)

Volleyball Australia (<http://www.volleyballaustralia.org.au/>)

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